

MARCH 2015 // IMBIBING

COCKTAIL ANYONE? YES, PLEASE ...

A magazine for the evolved man an

San Di

ROAD TRIPPING Lalifornia Wine Country



4LMAGAZINE.COM | Fully cultured, yet unshaven

FITNESS TRAVEL NUTRITION FOOD & DRINK MUSIC

AROUND TOWN

LOCAL EVENTS

St. Patrick's Day in San Diego

Say you wake up one morning and the streets have turned green. Naturally you'd freak out. Not San Diegans. That's just one aspect of the city's yearly St. Patrick's Day festivities. Having the largest outdoor party west of the Mississippi is another. But what you really want to know is where to go to party, for green beer, whiskey and corned beef. Here's a few of our favorites spots to celebrate St. Patrick's Day.

BY CHRISTINA VALLE

2015 ST. PATRICK'S DAY PARADE AND FESTIVAL

Wallet: Free to the Public Locale: 5th Avenue & Maple, Balboa Park Time: 9 a.m. to 6 p.m.

Start the St. Patrick's Day festivities early on Saturday, March 14, at the 2015 St. Patrick's Day Parade and Festival. Entertainment continues with Irish step dancers in the morning and live music on two stages in the afternoon, featuring The Fooks, Pocket Whiskey Fellas, Highland Way, Irish Rockin' Rebels, The Shamrockers, Lexington Field, and Tony Cummins. For an ice cold Guinness, find your way to one of the two beer gardens. **StpatsParade.org**

19TH ANNUAL shamROCK

Wallet: \$35 before March 14; \$45 day of event. VIP tickets: \$75 before March 14; \$95 day of event Locale: 6th Avenue & E Street, Gaslamp Quarter Time: 4 p.m. to midnight

For the West Coast's largest outdoor party, head to the Gaslamp for the 19th Annual shamROCK on Saturday, March 14. The streets of Downtown will transform into Ireland's lush green hills courtesy of 80,000 square feet of Astroturf. Grab a pint at shamRock's 150 foot outdoor Irish Pub and get down to live Irish Rock, Irish Punk Rock and other Irish favorites at shamRock's three music stages: The Luck of the Irish, The Clover and The Pub stages. Visit participating Gaslamp restaurants and bars to fuel up on drink and food specials. **SanDiegoShamrock.com**

ST. PATRICK'S DAY 10K RUN, 2 & 4 MILE RUN/WALK

Locale: Tecolote Shores Park, Mission Bay Check website for fees/registration

Prepare for all that eating and drinking you'll be doing Saturday with a little morning run. Sign up for the St. Patrick's Day 10K run and two- or four-mile run/walks in Mission Bay taking place on March 14. In its 35th year, the run/walk around the Tecolote Shores Park benefits the Rady Children's Hospital San Diego. Participants can also enter a drawing for sports and running merchandise, dinners for two and entertainment packages. After your race, enjoy pizza provided by Domino's and beer from Stone Brewing and Ballast Point. **KathyLoperEvents.com/StPatrick** When it comes to traditional Irish fare, potatoes and corned beef and cabbage are a must for St. Patrick's Day. Wondering where you can get these staples alongside your ice cold pint and Jameson?

Pacific Beach Shore Club // PBshoreclub.com

Shore Club gets the party started early in PB. From Friday, March 13, until Tuesday, March 17, order up the famous Red Bull Vodka Slushiestinted green for some extra festive flair—and corned beef tacos for a San Diego twist on St. Paddy's Day drinks and grub.

The Duck Dive // TheDuckDive.com

The Duck Dive is open at 9 a.m. daily all March long. From March 15 - 21, stop by the PB gastropub for brunch and \$3 Absolut Bloody Buddies and \$15 Bottomless Mimosas to help cure those St. Paddy's week hangovers. When you're ready to start drinking again, order flights of Jameson, Angry Paddy Bombs (Paddy Devil's Apple whiskey dropped in an Angry Orchard cider) or Irish Car bombs to continue the fun. Pair these with Duck Dive's St. Paddy's Flatbread, DD Reuben Sandwich and The Irish Dinner with corned beef, braised potatoes and cabbage and topped with house kraut to help fuel you up.

TAVERN // TavernAtTheBeach.com

When the 17th finally rolls around, Tavern's Chef Christina Pancheri will be serving up traditional Irish dishes with a twist like pot pie with cilantro mashed potatoes and house corned beef served in a variety of ways. Like any good leprechaun, pair your meal with green beers and Jameson.

True North Tavern // TrueNorthTavern.com

There's always a celebration at True North Tavern in North Park. Grab a pint of your favorite beer and chow down on True North's corned beef and cabbage special before the luck of the Irish strikes at the pool tables.

Lumberyard Tavern // Lumberyard101.com

Lumberyard Tavern has the North County covered for St. Paddy's Day. Located on the 101, gather up the crew and celebrate at Lumbervard with food and drink specials that include green beers, lamb stew, shepherd's pie and corned beef tacos. Or wet your whistle with a Guinness float and the more traditional corned beef and cabbage dinner with red potatoes and carrots.







WATERPROOF WEATHERPROOF SWEATPROOF SOLIND

SECURE FIT DESIGN FOR ATHLETES.

Powered by H20 Audio's patented waterproof technology, the Surge ear buds come with 5 ear tip sizes, guaranteeing a comfortable and secure fit for running, biking and swimming. Add the Amphibx Fit waterproof armband for your device or the Interval system for swimming to bring your training soundtrack to any climate or terraain. BREAKING THE BARRIERS OF SOUND AT X-1.COM